

**MEDICAL EXPENDITURE PANEL SURVEY**

**HOUSEHOLD COMPONENT  
MAIN STUDY**

**SHOW CARDS**

**Panels 26, 25, 24, and 23**

January 2021

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## CARD RE-1

RE-1

One or more categories may be selected.

- September 2001 or later
- August 1990 to August 2001, including the Persian Gulf War
- May 1975 to July 1990
- Vietnam era, August 1964 to April 1975
- February 1955 to July 1964
- Korean War, July 1950 to January 1955
- January 1947 to June 1950
- World War II, December 1941 to December 1946
- November 1941 or earlier

## CARD RE-2

One or more categories may be selected.

- Mexican
- Mexican-American/Chicano
- Puerto Rican
- Cuban/Cuban American
- Dominican
- Central or South American

## CARD RE-3

One or more categories may be selected.

- White
- Black or African American
- American Indian or Alaska Native
- Asian Indian
- Chinese
- Filipino
- Japanese
- Korean
- Vietnamese
- Other Asian
- Native Hawaiian
- Guamanian or Chamorro
- Samoan
- Other Pacific Islander

## CARD PE-1

- Heart murmur
- Heart arrhythmia/Irregular heartbeat
- Blocked or clogged artery
- Congestive Heart Failure
- Atrial Fibrillation
- Mitral Valve Prolapse
- Enlarged heart
- Heart valve problems (e.g., leaky, blocked, collapsed)
- Tachycardia/Rapid heart rate
- Bradycardia/Slow heart rate
- Other

## CARD PE-2

- Bladder
- Blood
- Bone
- Brain
- Breast
- Cervical
- Colon
- Esophagus
- Gallbladder
- Kidney/Renal
- Larynx-Windpipe
- Leukemia
- Liver
- Lung
- Lymphoma  
(Non-Hodgkin's)
- Mouth/Tongue/Lip
- Ovarian
- Pancreas
- Prostate
- Rectum
- Skin - Melanoma
- Skin - Non-Melanoma
- Skin (unknown type)
- Soft tissue muscle or fat
- Stomach
- Testicular
- Throat or Pharynx
- Thyroid
- Uterine
- Other

## CARD PE-3

- Within the last 7 days
- More than 7 days ago, but within last 30 days
- More than 30 days ago

## CARD HE-1

- No difficulty
- Some difficulty
- A lot of difficulty
- Completely unable to do it

## CARD PP-1

- Admitted to the hospital for one or more nights

## CARD PP-2

- Any type of care received in a hospital emergency room

## CARD PP-3

**Same-day** care received at a hospital outpatient department such as...

- Surgery centers
- Cancer treatment centers
- Physical therapy and rehabilitation centers
- Cardiology centers
- Obesity treatment centers
- Radiology and imaging centers

## CARD PP-4

### **Primary care doctor** such as...

- General practitioner
- Internist
- Pediatrician
- Family medicine provider
- Medical doctor

## CARD PP-5

### Such as...

- Orthopedist
- Cardiologist
- Dermatologist
- Oncologist
- Neurologist
- Gynecologist
- Allergist
- Gastroenterologist
- Surgeon
- Kidney specialist (Nephrologist)
- Radiologist
- Ear, nose and throat specialist (Otorhinolaryngologist)
- Urologist
- Podiatrist
- Audiologist
- Any other type of medical specialist

## CARD PP-6

### **Such as...**

- Dentists
- Oral surgeons
- Orthodontists
- Dental assistants
- Dental hygienists
- Pediatric dentists
- Endodontists
- Periodontists
- Dental technicians
- Other type of dental care provider

## CARD PP-7

### **Such as...**

- Psychiatrist
- Psychologist
- Licensed clinical social worker
- Mental health therapist
- Counselor
- Psychiatric social worker
- Other mental health professional

## CARD PP-8

### **Such as...**

- Nurse (RN, LPN, PHN, BSN)
- Nurse practitioner
- Nurse's aide
- Physician's assistant (PA)
- Midwife
- Health aide

## CARD PP-9

### Such as...

- Walk-in urgent care
- Retail clinic – in a pharmacy
- Retail clinic – in a grocery store
- Family planning center
- College or university clinic
- Employer clinic
- Free clinic
- Infirmary
- Other type of health clinic

## CARD PP-10

### **Such as...**

- Independent medical lab
- Testing facility lab

## CARD PP-11

### **Such as...**

- Physical therapist
- Occupational therapist
- Speech therapist
- Chiropractor
- Psychiatrist
- Behavioral therapist
- Other type of therapist

## CARD PP-12

### **Such as...**

- Optometrist
- Ophthalmologist
- Vision technician
- Optician
- Orthoptist
- Other eye care professional

## CARD PP-13

### **Such as...**

- Acupuncture
- Homeopathic care
- Massage therapy
- Hypnosis
- Naturopathic care
- Herbalist
- Other alternative care professional

## CARD PP-14

Care received **from someone who visited your home,**  
such as...

### **Skilled medical care from -**

- a home care nurse,
- any type of therapist,
- a social worker,
- anyone else providing nursing or medical care

### **Personal care services such as help with -**

- bathing,
- dressing,
- taking medication

### **Household chore services**

- help with cooking
- help with cleaning

### **Companionship services such as -**

- reading,
- talking,
- going for a walk or drive

### **Any other type of home care**

## CARD PP-15

**Residential or long-term care** received at places such as...

- Nursing home for rehabilitation services
- Inpatient rehabilitation facility or convalescent home
- Hospice care
- Respite care
- Mental health treatment center
- Drug and alcohol treatment center
- Addiction treatment center
- Eating disorder treatment center
- Other treatment center

# CARD PP-16

MEPS counts many things you might not think of as **health care**:

## **Preventive and Diagnostic Care**

- Diagnostic tests such as blood work, X-rays, mammograms, MRI or CAT scans
- Vaccinations for children and adults, flu shots and allergy shots
- Blood pressure checks and other types of heart health monitoring
- All types of preventive care, including well visits

## **Acute Illness Care**

- Hospital stays, even if just part of a day or longer
- Care received at the Emergency Room or Urgent Care Centers
- Care at walk-in clinics such as clinics at work, or in a pharmacy (Minute Clinics)
- Sick visits to a doctor, nurse or physician assistant

## **Continuing Medical Treatment**

- Care received at home by visiting nurses or other home health aides
- Cancer treatments including chemotherapy and radiation
- Dialysis
- Counseling and other care from psychologists or mental health specialists
- Physical, speech or occupational therapy
- Chiropractic care, acupuncture, homeopathic or other alternative care

## **Other Types of Care**

- Pre-natal care, and all other obstetrician/gynecological care
- Pre-op care before surgery, the surgery and the follow-up care
- Eye exams and prescription glasses or contact lenses
- Prescription medicines including birth control, insulin and diabetic supplies
- Phone calls to medical providers or labs to check test results
- Dental check-ups and orthodontic care (braces)
- Oral surgery

**And much more - ask your interviewer if you are not sure what to include!**

## CARD EV-1A

- Hospital - Inpatient Stay
- Hospital Emergency Room
- Hospital Outpatient Department
- Dental Office
- Medical Provider Office or Clinic
- Telehealth
- Care Received at Home
- Residential or Long Term Care Facility
  - e.g., Nursing home, rehabilitation facility, drug treatment, psychiatric facility

## CARD EV-1B

- Hospital - Inpatient Stay
- Hospital Emergency Room
- Hospital Outpatient Department
- Dental Office
- Medical Provider Office or Clinic
- Telehealth
- Care Received at Home
- Residential or Long Term Care Facility
  - e.g., Nursing home, rehabilitation facility, drug treatment, psychiatric facility
- Glasses/Contact Lenses
- Other Medical Expenses

## CARD HS-1

- Operation or surgical procedure
- Treatment or therapy, not including surgery
- Diagnostic tests only
- Give birth to a baby - Normal or Caesarean section (Mother)
- To be born (Baby)
- Pregnancy-Related complications

## CARD ER-1

- Diagnosis or treatment
- Emergency (e.g., accident or injury)
- Psychotherapy or mental health counseling
- Follow-up or post-operative visit
- Immunization or shots
- Pregnancy-Related (Including prenatal care and delivery)

## CARD ER-2

- Laboratory tests
- Sonogram or ultrasound
- X-rays
- Mammogram
- MRI or CAT scan
- EKG, ECG, or EEG
- Vaccination

## CARD OP-1

- Cardiology (Heart)
- Endocrinology/Metabolism (Diabetes, Thyroid)
- Family practice
- Gastroenterology
- General practice
- General surgery
- Gynecology/Obstetrics
- Internal Medicine (Internist)
- Nephrology (Kidneys)
- Neurology
- Oncology (Tumors, Cancer)
- Ophthalmology (Eyes)
- Orthopedics
- Otorhinolaryngology (Ear, Nose, Throat)
- Pediatrician
- Physical medicine/Rehab
- Psychiatry/Psychiatrist
- Radiology
- Urology
- Other specialty

## CARD OP-2

- Acupuncturist
- Chiropractor
- Dentist/Dental care person
- Homeopathic/Naturopathic/Herbalist/Other  
alternative/Complementary care provider
- Massage therapist
- Mental health counselor/Marital or family therapist
- Midwife
- Nurse/Nurse practitioner
- Optometrist
- Physical/Occupational therapist
- Physician's assistant
- Podiatrist
- Psychologist
- Social worker
- Technician
- Other

## CARD OP-3

- General checkup
- Diagnosis or treatment
- Emergency (e.g., accident or injury)
- Psychotherapy or mental health counseling
- Follow-up or post-operative visit
- Immunizations or shots
- Vision exam
- Pregnancy-Related (Including prenatal care and delivery)
- Well child exam
- Laser eye surgery

## CARD OP-4

- Laboratory tests
- Sonogram or ultrasound
- X-rays
- Mammogram
- MRI or CAT scan
- EKG, ECG, or EEG
- Vaccination

## CARD MV-1

- Allergy/Immunology
- Cardiology (Heart)
- Dermatology (Skin)
- Endocrinology/Metabolism (Diabetes, Thyroid)
- Family practice
- Gastroenterology
- General practice
- General surgery
- Gynecology/Obstetrics
- Internal medicine (Internist)
- Nephrology (Kidneys)
- Neurology
- Oncology (Tumors, Cancer)
- Ophthalmology (Eyes)
- Orthopedics
- Otorhinolaryngology (Ear, nose, throat)
- Pediatrician
- Psychiatry/Psychiatrist
- Urology
- Other

## CARD MV-2

- Acupuncturist
- Chiropractor
- Dentist/Dental care person
- Homeopathic/Naturopathic/Herbalist/Other alternative/Complementary care provider
- Massage therapist
- Mental health counselor/Marital or family therapist
- Midwife
- Nurse/Nurse practitioner
- Optometrist
- Physical/Occupational therapist
- Physician's assistant
- Podiatrist
- Psychologist
- Social worker
- Technician
- Other

## CARD MV-3

- General checkup
- Diagnosis or treatment
- Emergency (e.g., accident or injury)
- Psychotherapy or mental health counseling
- Follow-up or post-operative visit
- Immunizations or shots
- Vision exam
- Pregnancy-Related (Including prenatal care and delivery)
- Well child exam
- Laser eye surgery

## CARD MV-4

- Laboratory tests
- Sonogram or ultrasound
- X-rays
- Mammogram
- MRI or CAT scan
- EKG, ECG, or EEG
- Vaccination

## CARD TH-1

- Allergy/Immunology
- Cardiology (Heart)
- Dermatology (Skin)
- Endocrinology/Metabolism (Diabetes, Thyroid)
- Family practice
- Gastroenterology
- General practice
- General surgery
- Gynecology/Obstetrics
- Internal medicine (Internist)
- Nephrology (Kidneys)
- Neurology
- Oncology (Tumors, Cancer)
- Ophthalmology (Eyes)
- Orthopedics
- Otorhinolaryngology (Ear, nose, throat)
- Pediatrician
- Psychiatry/Psychiatrist
- Urology
- Other

## CARD TH-2

- Acupuncturist
- Chiropractor
- Dentist/Dental care person
- Homeopathic/Naturopathic/Herbalist/Other  
alternative/Complementary care provider
- Massage therapist
- Mental health counselor/Marital or family therapist
- Midwife
- Nurse/Nurse practitioner
- Optometrist
- Physical/Occupational therapist
- Physician's assistant
- Podiatrist
- Psychologist
- Social worker
- Technician
- Other

## CARD TH-3

- General checkup
- Diagnosis or treatment
- Emergency (e.g., accident or injury)
- Psychotherapy or mental health counseling
- Follow-up or post-operative visit
- Immunizations or shots
- Vision exam
- Pregnancy-Related (Including prenatal care and delivery)
- Well child exam
- Laser eye surgery

## CARD DN-1

- General dentist
- Pediatric dentist
- Dental specialist  
(e.g., Orthodontist, Endodontist, Periodontist)
- Dental hygienist

## CARD DN-2

### **Diagnostic or Preventive**

- General exam, check-up, or consultation
- Cleaning, prophylaxis, polishing, or periodontal recall visit (Periodic or regular)
- X-rays, radiographs, or bitewings
- Fluoride treatment
- Sealant (Plastic coatings on back teeth)

### **Restorative or Endodontic**

- Fillings, inlays, crowns or caps
- Root canal

### **Periodontic (Gum Treatment)**

- Periodontal scaling, root planing, or gum surgery

### **Oral Surgery**

- Extraction, tooth pulled, or other oral surgery
- Implants

### **Prosthetics**

- Fixed bridges, dentures or removable partial dentures, relining or repair of bridges or dentures

### **Orthodontics**

- Orthodontia, braces, or retainers

### **Additional Procedures**

## CARD HH-1

- Certified Nursing Assistant (CNA)
- Dietitian/Nutritionist
- I.V. or infusion therapist
- Medical doctor
- Nurse/Nurse practitioner
- Occupational therapist
- Physical therapist
- Respiratory therapist
- Social worker
- Speech therapist

## CARD HH-2

- Companion
- Homemaker or house cleaner
- Home health aide or home care aide
- Hospice worker
- Nurse's aide
- Personal care attendant

**HH-2**

## CARD IC-1

- Inpatient rehabilitation facility or convalescent home
- Nursing home
- Residential mental health treatment center
- Residential eating disorder treatment center
- Residential drug and alcohol or addiction treatment center
- Residential hospice care
- Residential respite care

## CARD OM-1

### **Disposable Supplies** such as...

- Ostomy supplies
- Bandages and dressings
- Tape
- Adult disposable diapers
- Catheters
- Syringes not prescribed by a physician
- IV supplies

## CARD OM-2

### **Medical Equipment** such as...

#### **Mobility aids**

- Walker
- Scooter
- Wheelchair
- Braces

#### **Equipment used in the home**

- Hospital bed
- Monitor
- Bed pan
- Lift
- Special chair
- Adaptive feeding equipment

#### **Home and automobile modifications**

- Ramp
- Elevator
- Handrails
- Automobile modifications

#### **Hearing and speech assistance**

- Hearing aid
- Amplifier for a telephone
- Adaptive speech equipment

#### **Other**

- Blood pressure monitor
- Oxygen
- Vaporizer or nebulizer

## CARD CP-1

- Paid at time of visit
- Made a co-payment
- Bill sent directly to other source
- Bill has not arrived

### **No Bill Sent:**

- HMO plan
- VA (Veterans Administration)/CHAMPVA
- Military facility
- Public Assistance/Medicaid/SCHIP
- Indian Health Service (IHS)
- Worker's Compensation
- Private health center/Clinic
- Public clinic/Health center or private charity
  
- Telephone call - No charge
  
- Free from provider
  
- Government-Financed research and clinical trials

## CARD CP-2

- 0
- 1 - 10
- 11 - 30
- 31 - 100
- 101 or More

## CARD CS-1

- 0 No problem
- 1
- 2 Some problem
- 3
- 4 A very big problem

## CARD CS-2

- Never
- Sometimes
- Usually
- Always

## CARD CS-3

CS-3

None

1 time

2 times

3 times

4 times

5 to 9 times

10 or more times

# CARD CS-4

0 Worst health care possible

1

2

3

4

5

6

7

8

9

10 Best health care possible

CS-4

## CARD AC-1

- White
- Black/African American
- Asian
- Indian/Native American/Alaska Native
- Other Pacific Islander
- Some other race

## CARD AC-2

- Very difficult
- Somewhat difficult
- Not too difficult
- Not at all difficult

## CARD AC-3

- Never
- Sometimes
- Usually
- Always

# CARD HX-1

## Medicare Card Sample



CARD HX-2

**Sample Medicaid Card**  
**[State Name Here]**

**(One for Each State)**

**HX-2**

## CARD HX-3

- From a group or association
- Directly through a school
- Directly from an insurance agent
- Directly from an insurance company
- Directly from an HMO
- From a union
- From anyone's previous employer
- From spouse's/Deceased spouse's previous employer
- From some other employer
- Under a plan of someone not living here
- Directly from the Health Insurance Marketplace

## CARD HX-4

- Medicare
- Medicaid
- SCHIP
- TRICARE
- CHAMPVA
- VA
- Other government program providing hospital and physician benefits

## CARD HX-5

- 1 - 50
- 51 - 100
- 101 - 200
- 201 - 300
- 301 or more

## CARD HX-6

- 1 - 30
- 31 - 60
- 61 - 90
- 91 - 120
- 121 or more

## CARD HX-7

- Hospital and physician benefits, including coverage through an HMO
- Dental
- Prescription drugs
- Vision
- Medicare supplement/Medigap
- Long-Term care in a nursing home
- Extra cash for hospital stays
- Serious disease or dread disease

## CARD HX-8

- From a professional association
- From a small business group
- From a union
- Directly from an insurance agent
- Directly from an insurance company
- Directly from an HMO
- From a previous employer
- Directly from the Health Insurance Marketplace

## CARD IN-1

- 1 - 5,000
- 5,001 - 10,000
- 10,001 - 15,000
- 15,001 - 25,000
- 25,001 - 50,000
- 50,001 - 100,000
- 100,001 or more

## CARD IN-2

- 1 - 100
- 101 - 500
- 501 - 1,000
- 1,001 - 5,000
- 5,001 - 15,000
- 15,001 or more

## CARD IN-3

- 1 - 250
- 251 - 500
- 501 - 750
- 751 - 1,000
- 1,001 or more

## CARD IN-4

- Wages and salary
- Farm income (or loss)
- Business income (or loss)
- Social Security/Railroad retirement
- Private, military, or government pensions
- Interest
- Dividends
- Rental income (or loss)
- Other source

## CARD AS-1

- 0 - 10,000
- 10,001 - 25,000
- 25,001 - 50,000
- 50,001 - 100,000
- 100,001 - 250,000
- 250,001 - 500,000
- 500,001 - 1,000,000
- 1,000,001 or more

## CARD AS-2

- 0 - 1,000
- 1,001 - 5,000
- 5,001 - 10,000
- 10,001 - 25,000
- 25,001 - 50,000
- 50,001 - 100,000
- 100,001 - 250,000
- 250,001 - 500,000
- 500,001 or more